

Patient Name:

Date of Collection:

Physician Name:

Date of Birth:

Date of Analysis:

Physician ID:

Omega Score™ Test Results

Omega-3 Whole Blood Score

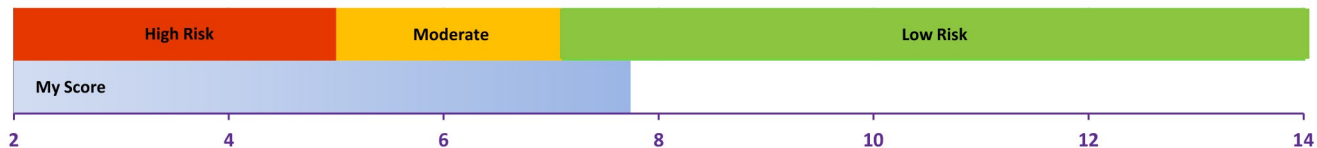
My Score: 5.00



Whole Blood scores in the highest quartile (6.1%-10.2%) were associated with an 80% lower risk of sudden death compared to individuals with whole blood scores of 2.1%-4.3%.¹

Omega-3 Serum Equivalence Score

My Score: 7.74



An Omega-3 Serum Equivalence Score ≥ 7.2 is associated with a 32% risk reduction in heart disease compared to a score of < 5.0 .²

EPA + DHA Serum Equivalence Score *

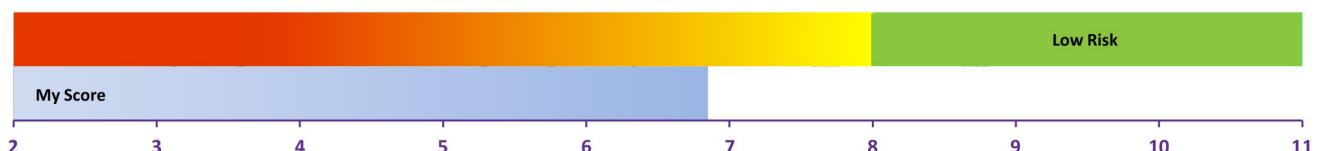
My Score: 6.39



An EPA + DHA Serum Equivalence Score ≥ 4.6 is associated with a 70% reduced risk of death from fatal ischemic heart disease as compared to a score of < 3.5 .³

Omega-3 Red Blood Cell Equivalence Score (Omega-3 Index) *

My Score: 6.85



An RBC omega-3 value of 8-11% offers the greatest protection against sudden myocardial infarction.⁴

¹ Albert *et al.*, 2002. *New England Journal of Medicine*; 346: 1113-1118

² Simon *et al.*, 1995. *American Journal of Epidemiology*; 142: 469-476

³ Lemaitre *et al.*, 2003. *American Journal of Clinical Nutrition*; 77: 319-325

⁴ Harris WS & Von Schacky C, 2004. *Preventive Medicine*; 39: 212-220 ;

Von Schacky C & Harris WS, 2007. *Journal of Cardiovascular Medicine (Suppl)*; 546-599

* Equivalence scores are derived from Whole Blood Data by correlation equations which are formulations that have been developed to compare an individual's results with determined optimal based on collected population data.